

# BRIDGES

## IN THE CITY:

Taekwondo strengthens father and sons' bond  
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## SPACES:

Award-winning yard highlighted by artwork  
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VW restorer one-of-a-kind in Western Canada  
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WEDNESDAY, AUGUST 7, 2013

A STARPHOENIX COMMUNITY NEWSPAPER



## AN ENLIGHTENED LIFE

ELI BORNSTEIN'S ART CAREER  
HAS ALWAYS HAD A KIND OF GLOW **P. 6**

**FREE**

# INVENTORY

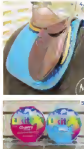
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Internationally recognized Saskatoon artist David Berman in his study. BRIDGES PHOTO BY MICHELLE BERS

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Mike, Mitch and Doug back at the Kippuree Judo School. BRIDGES PHOTO BY MICHELLE BERS

## BRIDGES COVER PHOTO BY MICHELLE BERS

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# READ MY BOOK

# DWAYNE BRENNAN

## Stealing Home: Baseball Poems

When I began working on *Stealing Home* in 2006, I was living in Wilkes-Barre, the only place I had ever lived outside of Canada. I had grown up in a farm near Niagara, where my first memories of baseball were of stealing in a pasture with my brother as my father hit pop flies out from me. My dad confided a love of the game in both my brother and me. My memories stretched back to the Sunday evening when my dad first drove me to crackball baseball games in my home town, to the left-handed pitcher's crouch that he taught at the Ken's Sporting Goods in Sudbuckton. I began to scribble upon the pages I played in as a young man and as a second, the friends I made during baseball. I think, to my surprise that



Dwayne Brennan

much of my personal history was woven up in the game.

Any good book of poetry about baseball is not simply about baseball. Some of my favorite poems in the collection are about

nothing other than sport. The very baseball diamond is sometimes the site of bonding and learning of generational disputes and misunderstandings, of sexual politics—all of these have been the thematic bones of poems in the book. I have also learned to appreciate the

"art" of the sport, the requirement to live in the moment when you are on the diamond and the spiritual nature of that race and every game. That sense of baseball's business has found its way into many of the poems in this collection. It is there in poems about old men repairing a diamond after winter's rain can a pickup truck through the base run lines or about an intellectually challenged man who becomes happy for a career league team.

Although this is a book of poetry, there is little in it that is not factual. The stories told in the book happened to someone, not always to me and not always to famous baseball player like Charley Mathewson, Mickey Vernon, Don Drysdale or Jackie Robinson (a)

though there are poems about them in the book). Most often, the stories I tell in these poems are stories of the guys I've played ball with over the years, of their losses won and lost their past game celebrations of various victory bakes, their home book berberians, their marriages and divorces, and their tragedy through the years. The only difference is that my reader is not likely to know any of the people I write about, and I rarely meet them.

You should buy this book if you are interested in what makes people love baseball.

We should buy it because baseball and poetry are both good for your heart.



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# FASHION

What's your favourite summer fashion trend?

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#SASKATCHEWAN FASHION

## Nicole Gaudet:

### Vintage clothing brings comfort, confidence

By Angelina Ilnaci

Nicole Gaudet swears she was born in heels. Thirty-five of her 33 pairs of shoes are heels. It's not uncommon to see Gaudet all piled up in a vintage origin-up-inspired outfit, complete with looking like heels, sweeter accessories and her trademark red lipstick.

"I am not comfortable unless I have red lipstick on," she says.

Being comfortable is something that is extremely important to Gaudet, the product manager at Le Chateau in Saskatoon, B.C., to her comfort is more about confidence than sweet-pants and coziness.

"I believe that when you're dressed up, and you're fashionable and wearing an outfit that you are comfortable in, you will express yourself in a more confident way."

She keeps this sentiment in mind when assisting customers and explains to them that they must first feel comfortable in their outfit. "Don't let the outfit own you."

Gaudet finds it rewarding to see someone come out of the dressing room glowing after she finds them the right outfit. "They are so confident, happy and positive." It's not just the customers and clothes that Gaudet appreciates about her job; it gives her the freedom to express herself and stay up-to-date on trends.

"I know what's coming in, what colours are in style."

Now she views shopping differently because she understands the industry — what different seasons mean and when the best times are for shopping.

It's no surprise that Gaudet has turned her love of fashion into a career — it's always been a part of her life. When she was a child, she had a little trunk filled with all sorts of dress-up clothes that her mother gave her.

When she grew into her teens, shoes up stayed with her, just in a more grown-up way. With just one more (mismatched dress under her fashionable belt), she'd go to thrift stores, find old clothes and re-make them.

"I'm very visual," she explains. "I feel like when I see an outfit I can visualize it — it's like putting a puzzle together."

The fashionista draws much of her inspiration

from anything vintage — she's recently become "obsessed" with an item because of The Great Gatsby, which goes along with her unwavering love for the 1920s and 30s.

"(The era) is so magical," she sighs. "Everything was girly and the women dressed up more. They had skirts on all the time and went heels. It was really feminine. To me, it just felt like there was a sense of romance with clothes."

Gaudet's vintage dresses, well-applied curled hair and heels make her look like she just time-travelled from the 1920s, but she doesn't mind. "When I walk down the street and someone is looking at me, I think, 'Yeah, that's OK, you can look. I know I'm a bit ridiculous and I'm OK with that.'"

### Outfit:

- 1 HEADPIECE:** Handmade by Gaudet. "It was inspired by Snow White. A few friends inspired me to go to Michaels and they had all these decorative items for Christmas. I glued them onto a headband and just made a Snow White headband."
- 2 EARRINGS:** Lisa Sophia.
- 3 BELT:** Vintage. "It was either from a garage sale or from the Salvation Army."
- 4 BRACELETS:** Le Chateau.
- 5 DRESS:** Vintage. "I had the dress since I was in high school. It had flowers at one point, but I took them off and fixed it."
- 6 SHOES:** Franco Sarto. "They are actually really comfortable. I walked (to the interview) and was OK."
- 7 PURSE:** Aldo.

PHOTO BY MICHELLE BELL



# ON THE COVER

He's making the best work of his life.  
Eli is at the peak of his form. —*Öliver Botar*

# ELI BORNSTEIN

## A life dependant on beauty



ELI BORNSTEIN AND HIS WIFE CHRISTINE SHARE A LAUGH IN THE SITTING ROOM OF THE HOME THEY BUILT ON THE BANKS OF THE SOUTH SABBATCHEWAN RIVER IN 1960. (PHOTOGRAPHS BY MICHAEL LEVITSKY)

By Jenn Sharp

If you enter his Saskatoon, dark and cold. Snow covers the ground, a snug world takes your breath away. Yet people are flocking to Coopers Hall at the University of Saskatchewan to watch a foreign film on a Sunday evening. University professor and artist Eli Bornstein has had the

film shown into Saskatoon for the occasion — it's a Russian movie, one that people have travelled miles to see. The year is 1961.

It was very exciting — the fact that there was that interest (and) that people would make a great effort to get there and to see it," Bornstein remembers. The foreign film society, which he founded

revived into a History of Film class offered in the Department of English.

Sixty years later Bornstein is still drawn by art. At the age of 96, he continues to be an internationally recognized abstract artist who, along with the likes of William Devanish, helped establish Saskatoon as an important art centre.

It's as well known that the Rison Gallery located on Newton Street, Fifth Avenue, exhibits and sells his work. On Dec. 30, 2008 the New York Times published a piece about a group where Eli had worked at the Forum.

Eli Bornstein's truly beautiful, neatly gridded-abstracts of those floating wood blocks

painted lively, unobtrusive colours are alone worth the trip."

In 1969 Bornstein founded The Structurist, which he published annually until 1973 and biannually thereafter for a total of 58 years. It would become Canada's longest-running art journal and was the first in the country to publish ecological subjects. It reflect

ed his interest in the artist as a builder, as he incorporated topics of science, technology and nature.

Bornstein is still creating art, his, making up his own hours a day in his studio and, according to some, doing the best work of his career. Throughout his life, he's maintained a consistent goal of bringing beauty to people's

## Not a lot of artists have a body of work as large as Eli. It's the difference between reading a fiction and reading a history; with him, there's an entire history to read through.

—Troy Mamer

Bornstein's current show, *An Art at the Mercy of Light*, is at the Mander Art Gallery until Sept. 15. A rare occurrence, the gallery's skylight has been opened for his explanation of natural space and light through the abstract relief exhibition.

This show is significant for Bornstein. When the Mander opened in 1966, he had one of the first exhibitions in Saskatoon's new art gallery as the riverbank. Now, with the Mander Art Gallery of Saskatoon set to open in 2015, *An Art at the Mercy of Light* will be one of the last exhibitions at the Mander.

"I feel very fortunate about that," he says.

Olivier Botte, an art history professor at the University of Manitoba and longtime friend, curated the show. He says Bornstein encourages environmentalism by inviting people to appreciate nature through his work. He does this by focusing people's attention on their surroundings.

"A lot of artists make a point of being environmentalists or being political. Eli has been deeply committed to these movements since before most of these people were born."

• • • • •

Bornstein has never questioned his purpose in art — he has been creating art since he can remember. His move to Saskatoon from his hometown of Milwaukee, Wisconsin in 1956 for a one-year contract with the U of S.

He remembers being overwhelmed by the province — by its space and light. His new life around at the art culture, people would travel from Prince Albert to take his classes. And he immediately liked the small city and university.

"It was like a community staff where everybody knew everybody else," he says of the U of S. Bornstein would remain a professor there for the next 40 years. He appreciated the short teaching year which gave him time to work, work he was encouraged to do.

"I would meet the president (W.F. Thomson) in the hallway and he would ask me 'are you teaching enough time for your money?' Well, where would I ever happen?"

These are a few of the reasons



Eli Bornstein in his studio, where he spends up to six hours per day on his artwork. (880078 PHOTO BY MICHELLE KING)



El Bornstein's current exhibit, *An Art at the Mercy of Light*, is at the Mander Art Gallery in Saskatoon until Sept. 15. (880078 PHOTO BY MICHELLE KING)

Bornstein decided to make Saskatoon his home. He and his wife Christine live in the same house they built in 1959 on the banks of the South Saskatchewan River. Natural light floods the architecture and modern home, while views of the river

valley provide a backdrop for a still point created by sleek Bornstein chairs.

"It's the difference between moving around to see the whole world and staying in one place and letting the world move around you," he ex-

plains.

Bornstein attended extensively in his youth but doesn't enjoy it as much now. In the 1960s, he studied at art academies in Europe during his summer holidays.

He says being away from the cen-

tre of the art world gives him a perspective that allows him to relate to what's happening elsewhere. Like when New York is an example, anything many New Yorkers tend to be focused on just their city.

Continued on Page 8

You just can't think about time when you're doing work. To try to equate that with money is just not possible.

—Elia Bornstein

He married Christina, a librarian and former U of T library student, in 1985. Two daughters would follow Sarah and Tina, who now live in Vancouver. Creativity runs in the family: one is an architect, the other an industrial designer.

Bornstein's works are incredibly labour- and time-intensive and the material (plasma-cut) is expensive, compared to paintings; the pieces are bigger. Some works can take up to two years to complete.

"But just can't think about time when you're doing work. To try to equate that with money is just not possible," he says with a very smile.

Much of Bornstein's time in his studio is spent on his list. He has knowledge but lacks the ability to continue to work. Many senior artists work full-time in their later years. This is not true for Bornstein—according to Bitter, he has never been better.

"It's making the best work of his life. He is at the peak of his form. Where is that secret fountain of youth that he's drinking from? I want some of it!"

Bornstein's commitment is also something that impresses Troy Munce, a curatorial assistant at the Mould who worked extensively on the exhibit.

"Not a lot of artists have a body of work as large as Elia's production is estimated as 100. It's the difference between reading a fiction and reading a history with him, there is a real history you can read through."

Bornstein stops when playing tennis a few times a year (you don't know how because singles is too fast). Christina plays too, but with a different group and enjoys dancing.

"I have to move my body" she says with a smile.

"The two are the picture of health — both are true and with glowing skin and quick minds, appear much younger."

"Body and mind — all these things come together. I think exercise is a very important part of life," he says.

• • • • •

Bornstein often references the changing (and) visual urban dynamism.



Elia Bornstein's current exhibit at the Mould: *An Art at the Mercy of Light* is an enigmatic exploration of colour, space and light. PHOTO BY MICHELLE REED



A line of Elia Bornstein's computer switches.



Bornstein's artwork 'An Art at the Mercy of Light' is a work of art.

is, as cities grow and rural people leave behind. Many are not exposed to natural beauty a phenomenon Bornstein calls "beauty starvation." A life starved of beauty explains why the arts and, more specifically why Bornstein's work is important.

Bitter named the Mould exhibit *An Art at the Mercy of Light* after reading Bornstein's personal journal. He came across a quote from a 2001 entry: "The burden of an art dependent on light."

These dramatic art-like Bornstein's often exhibit paintings and sculptures with overhead track lighting.

"The painting can survive, but the first work is in response to light that you can control. If it is not completely lit, the lighting is, making it disappear," says Bitter.

Daylight floods Bornstein's home studio, creating ideal conditions for him to create new pieces. The natural light provides a tremendous range of colour.

Munce spent countless hours studying Bornstein's work and adapting the Mould's space to best display works meant to be viewed under natural light.

"Remember installation that I've seen of Elia's work. I think that this is one of the best installations of his work and most representative of the light quality he intended," says the 16-year employee.

Bornstein agrees, a huge compliment for Munce and the Mould staff because the work is contradictory a perfectionist.

Bitter says it's that perfectionism that has kept Bornstein visible for decades and has made him respected among artists and galleries.

"The fact that he maintained such a high level of expectations for himself and others since 1966 is remarkable, which after all was not the centre of the universe as far as the art world goes, speaks to the intense (and) obsessive he encouraged."

As for as the Mould goes, Bitter says: *Isaksson* are incredibly lucky.

"I wouldn't have to pay to get in the Mould and it's open every day free, from 9 to 5."

"I don't know of any other museums in Canada that does that."



He's never abandoned the importance of bringing beauty to our lives.

—Bolar



Is Bolar still in the backyard of his home, situated on the banks of the South Dakota/Nebraska border, in his workshop at night.

Visit Bolar's show at 8 a.m. on 9 p.m. and you'll see two completely different versions of his art. It's the variability of the light quality that changes the pieces, and entices people to spend more time in the gallery.

"It's so easy they just can't walk through the exhibition in a few minutes and say they've seen the show. They have to come back, they have to take their time," says Bolar.

Shining down and appearing something as greatly lacking in our modern, fast-paced world, Bolar says Bolar's art invites people to take their time and to observe the many shadows and colors.

"That shining down and hanging as to look carefully — that is a gift," he says of Bolar's work. "We don't slow down enough."

"Many artists complain that people don't give their work sufficient time," adds Bolar, then.

The show will move next to Wisconsin — to the new School of Art Gallery. Bolar is hopeful it will move to the Roman Gallery in New York in 2014. Where it will then be for sale. His online for creating art has never been from a commercial standpoint. Since time began, art has been a vital way for humans to express themselves, a way to explain the world.

"If we're only going to value art by its commercial value, I don't know what kind of a future it has. If we can value the art for what it's trying to communicate, that's quite different," says Bolar. "He's never abandoned the importance of bringing beauty to our lives."

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# IN THE CITY

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## Bridge party



Civil officials estimate a 500 people gathered to celebrate the opening of the new Chickadee Creek Sluice Bridge. Later that night, at 8 p.m., the first vehicles were able to cross the bridge. BRIDGES PHOTO BY MICHELLE BEAN

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# # MY FAVOURITE PLACE

## Father and sons bond over black belts



Mike Frank and his sons, Mitch (16) and Craig (16), began practicing taekwondo together 11 years ago. Mitch says it's rewarding to be able to share the sport with his dad and brother. **BRIDGES PHOTO BY MICHELLE BIRD**

By Angelina Irlinich

Like many parents, Mike Frank would take his sons Mitch and Craig then sons, and four, to taekwondo class. After watching from the sidelines for two years, Mike, then 56, decided that he wanted to join Kopperud Taekwon-Do School to support his sons. Fast forward 11 years later: Craig, 16, Mitch, 16 and Mike, 66 are all second, third and fourth degree black belts, respectively. All three are also instructors at the gym and Mike teaches classes alongside each of his sons. "We three all share in the ultimate learning experience — some of these awesome seminars are done working, leading and encouraging each other together at the gym. Mike says that he hopes other parents will get inspired to find a common interest or activity to bond with their children.

**Q** What made you decide to join Kopperud Taekwon-Do School?

**A** (Mike) The very first day I walked in, I lost track in these classes like everybody else, and suddenly was just sold on the place because it was such a caring, family atmosphere. (The owner's) oldest daughter was teaching and took Mitch off to the side and gave him some one-on-one and I just thought, "That's awesome. I want that. I want that type of thing for my kids, someone who really cares." So from there I sat in the classes and watched and tried to help them at home. I finally came to the realization one day that the best way to help them is to learn it myself. And I did. I went from the days when we would practice their first patterns in the basement to teaching their curriculum to become black belts

I didn't think that would happen when I first started it. I thought I'd just try it and see if I could do it and, well, 11 years later there is no looking back.

**Q** Why is it your favourite place in the city?

**A** (Mike) The people here is what makes this place. It's just such a real family first atmosphere. And being able to come here and train and do this with my own kids, for me, it's just the best thing. I'm on the floor participating with them and not a lot of parents can honestly say that. For me that's my favourite thing.

**Q** Do you have a favourite memory from spending time at the taekwondo gym?

**A** (Mitch) When the three of us trained together for our second

third and fourth degree black belts. It's an experience that not a lot of people can say they've been through. Spending all that time working with one another and helping each other consistently every day, it's really special when you do it.

**Q** What is it like having your dad participate in the same sport alongside you?

**A** (Mitch) It's great to have your dad here because you can work with him here and when you go home you can always work with him there. It's having someone special in your life you can share some of that with. I really don't know how to explain it — it's really amazing to be able to share something with your dad and your brother. It's special.

**Q** Do you feel that it's made you all

closer?

**A** (Craig) We've gotten closer because we spent a lot of time together as the three and then at home. We spend time talking about it, too. It's something we can all relate to.

**Q** What has taekwondo been beneficial to your life?

**A** (Mitch) It's absolutely helped with my school work and helps my focus with my memory by remembering all the patterns. It just really helped. And the physical — I've always been in really great shape throughout my entire life. It's great for me finally. It keeps us together, there's something in common.

**Q** What is your favourite thing about taekwondo?

**A** (Craig) My family is here, so I stay with it because they are here. It's what I know.

# OUTSIDE THE LINES



## # Colouring contest

Each week, Stephanie McKay creates a timely illustration meant to please kids of all ages.

Children can colour the page, have a picture taken with the finished product and email it to [bedpost@stephenmckay.com](mailto:bedpost@stephenmckay.com). One winner will be chosen each week. Please send entries with the child's name by Monday at 9 a.m.



Last week's contest winner is **Lila Clarke**. Thanks to everyone who submitted entries!



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## # PARENT TO PARENT

Each week Bridges, in connection with [SaskatoonMoms.com](http://SaskatoonMoms.com), gathers advice from parents to share with other moms and dads. This week we asked

# When your kids frustrate you, how do you cope?



"I take a moment to look at one of their baby pictures and take a moment to remember what they were like before they could talk back."  
—Sherré Gwynne Russell

"It depends on how often it's frustrating me. If it's arguing over an answer I gave her, I don't argue back. I just take a breathe and put my foot down. If it's continuous, off to her room she goes and the answer is no the next time too. If she is being nasty and hysterical I go to my room or ask her to go to hers. Every instant is different but the best way I find is no means no and no means yes. They only push you if you let them."  
—Marilyn Peadar

"Deep breaths... lots of them and repeat. If that doesn't work I try to explain. And if that doesn't work — time out."  
—Alyssa Connorschick

"Take a deep breath and a time out. Big people can have time outs too!"  
—Judy S.

"To try to walk away and take a deep breath when I feel my frustration building. I'm not perfect though and there have been occasions that I've let my frustration become very apparent. I always

walk away when this happens that I feel my frustration since I've calmed down and apologize for being a grump. It's important to me to acknowledge what I may have hurt their feelings and make it right."  
—Michelle Goodrich

"I get very stressed out when my kids frustrate me. I breathe and let up until my voice and some times say things I regret. I am working on that."  
—Chessa Miller

"I just try to take a moment to take a breathe and talk calmly through it. It doesn't always happen that way but I don't want my boys to learn negative reactions when others frustrate them, so I try to do the right thing every time."  
—Shelly Laveland

"Most times not very effectively."  
—Brent Lewis

"I'm really frustrated. I put the child in their room and that allows a time out for both of us to regroup and figure out what to do next. If possible I like to leave the house to have a few minutes to myself. However if my husband is not home that is not always possible."  
—Nikie Niekirk

## Authentic Amish Cooking



### Blueberry Swirl Cheesecake

#### Topping

- 1 pkg. 12 oz. frozen blueberries, thawed (or 2 cups fresh)
- 1 T. Sugar

#### Crust

- 1 1/2 C. Graham Cracker Crumbs
- 1/2 C. Sugar
- 1/2 C. Butter or Margarine melted

#### Filling

- 2 pkg. 8 oz. Cream cheese, softened
- 1 can 14 oz. Sweetened Condensed Milk
- 1 T. Water
- 1 T. T. Canebrake
- 1/2 C. Berries or Margarine melted
- 2 Eggs
- 1/2 C. Lemon Juice



Blend together blueberries, sugar, water and cornstarch. Bring the ingredients to a boil in a saucepan. Reduce heat, cook and stir over medium heat for 5 minutes or until thickened. Set aside 6 tablespoons for filling. Refrigerate the remaining sauce for topping.

After combining the crust ingredients, press onto the bottom of a 9 in. pie, set aside.

Mix together the cream cheese and milk until smooth. Add eggs and lemon juice, and pour half of the filling over crust; top with half of the reserved blueberry sauce. Repeat layers. Cut through filling with a knife to seal. Bake 30-45 minutes or until center is almost set. Refrigerate overnight. Served with chilled blueberry sauce. Yields 12 servings.

### Honey Barbecue Ribs



- 1 T. Garlic
- 1 T. Pepper
- 1 C. Ketchup
- 1 C. Brown Sugar
- 1/2 C. Honey
- 1/2 C. Mustard
- 1 T. Worcestershire Sauce

Cheesecake variation: [AuthenticAmishCooking.com](http://AuthenticAmishCooking.com)

Place ribs in a kettle or large enough so you can cover them with water. Sprinkle with garlic and pepper. Bring to a boil. Reduce heat, simmer for 1 hour. Cook. Meanwhile combine other ingredients for sauce. Add ribs over medium heat, cook for 10-15 minutes, basting with sauce and turning occasionally.

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# GARDENING

#SASKATCHEWAN HORTICULTURE

## The emerald ash borer, a deadly pest

By Sara Williams

The emerald ash borer (EAB) is a destructive insect pest that has left tens of millions of dead ash trees in its wake. Since it was accidentally introduced to North America in the early 1990s, it has spread from Michigan, where it was first detected, to 38 US states.

In Canada, it was first found 11 years ago in Windsor, Ontario and has spread to several neighbouring countries and now into Quebec. The pest has yet to arrive in Saskatchewan, but it's on the move. The closest known location is St. Paul, Minnesota.

The adults are small and sport a green metallic sheen, with a bright metallic red upper surface of its abdomen. Females lay 60 to 80 eggs from spring through July. The eggs, laid in black crevices and long and seldom seen. They are white initially but soon turn orange-red. The eggs hatch into white, segmented larvae that bore into the inner bark and cambium, creating S-shaped galleries or tunnels beneath the bark.

The EAB feeds from late June through October. The pupae gradually take on the appearance of the adult's body and emerge through damaged holes in the bark from mid-June to mid-July. The adults live only three to six weeks, mating and feeding on foliage. In colder areas they have two years to complete their life cycle.

Trees die because the galleries in the phloem tissue interrupt nutrient and water flow. The first symptom is crown dieback. Death occurs within two to five years, depending on the density of the infestation and the tree's size and health. The most obvious symptom of an infested tree is dieback of the crown of the tree with young stem pale-brown tissue growth appearing from the trunk where they would normally

not be seen. These symptoms usually appear after a tree has been under attack for about three years. Woodpeckers may be attracted to bare infested ash trees.

All ash trees, both healthy and stressed, are susceptible to attack by the emerald ash borer: green, black, white and Manitoba ash, along with hybrid Manitoba ash is not a true ash and is not susceptible.

Ash is an important tree in most Canadian urban centres. In Saskatchewan, there are approximately 27,000 green, black, white and blue charnos ash trees making up approximately 38 per cent of Saskatchewan's tree inventory. In addition to the city's tree inventory, there are many additional ash trees on private property and within natural tree parks.

Both the US Department of Agriculture (USDA) and the Canadian Food Inspection Agency (CFIA) are taking a two-pronged approach. First, a ban on transporting all ash materials (logs, branches, wood chips) and all species of firewood from affected areas has been implemented in order to slow down the spread.

The second is a longer-term approach using biological control agents. The USDA has identified three species of stingless parasitic wasps from China that attack either the larvae or the eggs of the EAB. All three have been released in several of the affected states. In Canada, the CFIA has only recently approved releasing two of the parasitic wasp species. One of the species, *Tetraneura plagiatorum*, has been released in limited areas in southern Ontario to start.

The CFIA is also running a national monitoring program for the EAB. Traps have been placed throughout Saskatchewan including two in Saskatoon. The City of Saskatoon is supplementing the CFIA program with an additional set of traps.

The number one action you can take to help limit the spread of the



To prevent the spread of the deadly emerald ash borer, don't transport ash wood. PHOTO COURTESY JAMIE DABOLAH

borer is to not transport firewood, especially if originating in affected areas. This approach has been relatively successful in controlling the spread of Dutch Elm Disease. Hopefully it will be years to decades before the EAB starts causing Saskatchewan home.

Sara Williams is the author of *Worms and Weeds* and *Emerald Ash Borer: The Pest in Your Backyard*. The column is posted on the Saskatchewan Horticultural Society.

### Announcements

August 11, 1—5 p.m. Next Secret Garden's Show: A self-guided tour of Saskatoon's finest gardens. Passports are now on sale at Dutch Gardens, Rossmore, and Macdonald's Phoenix. The 2012 tour sold out; don't be disappointed. Get your passport soon.

Gardenfest is open for the season. Call 366-966-986 (long distance charges apply) Monday to Thursday for seed your questions to garden@hazegarden.com



Emerald ash borer can't burrow in the canopy of a green ash in Saskatoon. PHOTO COURTESY JAMIE DABOLAH

# InStyle

FASHION TRENDS



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# MEET MY PET

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**#CHICKLET**

## Toothless bunny on Benadryl overcame all odds



Katrina Kindraichuk is quite attached to her favorite pet bunny Chicklet. **BRIDGES PHOTO BY MICHELLE BENO**

**By Angelina Irimaci**

Chicklet isn't like most bunnies. It's not just because her owners use baby wipes to clean her, and bathe her in Aesop's shampoos. When Katrina Kindraichuk would go to a Saskatoon pet store to get food for another pet

bunny, she couldn't help but notice Chicklet. The long-eared bunny was in a very small cage — about the size of a shoebox. Because it was so small, Chicklet couldn't stand up on her hind legs. Katrina brought Chicklet home in 2007 when she was just a few months old. She put the bunny in a

bigger cage and she learned how to stand up.

"Now that's her favorite thing to do as just sit there on her hind legs and people watch," Katrina says of the bunny who is now six years old.

But, soon Katrina noticed some thing else was wrong — Chicklet

wasn't well. The bunny's long list of health problems began with her teeth, because her teeth were growing into an overbite. Chicklet couldn't gnaw them down to keep them short. Katrina and her mother Donna, took her to the vet college at the University of Saskatchewan regularly to get her

teeth shaved. This would leave Chicklet's mouth sore and she couldn't eat. The two decided to spend \$200 and get her teeth removed.

"After we got her teeth removed, three hours later she was eating and she's been a happy little bunny," says Katrina.

# MEET MY PET



But, as our problem was fixed with ears developed, Chacklet had a lump removed from her dump, her ears were now developed afterwards. She has catanacts and a collared tang. She was an children's bubble gum. Becasry for her allegen and was on a schedule for eight weeks because she had a lung infection. Chacklet also gets her tear ducts

Grashed out every two months. "We can't see an animal either," says Katrina. "If she looked like she was just the pet we'd understand that, but she keeps going. She pulls through everything so we can't stop." Chacklet is very famous at the vet college — her chart weighs 3.5 kilograms and she was included as a



room for some of the residents. Chacklet spent a lot of time there, making up quite the vet bill. "She's worth her weight in gold," laughs Katrina. Last year Katrina took off to Egypt for three weeks and Chacklet began losing her hair. After numerous tests came back inconclusive, it was determined Chacklet was stressed out

by Katrina's absence. "Her skin was so thin it looked like if you rubbed it the wrong way it would just break open," says Katrina. "After other hair started growing back, the vets said she had a panic attack." Katrina made sure that would never happen again, even though she moved into a new building that

doesn't allow pets. She still keeps a close eye on Chacklet and her two other rabbits, Cinnamon and Coco, which she keeps at her mother's house. She visits them daily and has three cameras pointed at each cage so she can stress a live feed of her beloved animals from an app on her phone. "There are like my kids so I'm going to take care of them anyway I can," she says. While her health does fluctuate, Chacklet has been doing well for the last few months. Katrina and Donna want to write a series of children's books about Chacklet's vet visits in the hopes of showing children that it is not scary to be sick or at the hospital. "The biggest story is the every thing people go through is just over you know and then she just takes it and keeps moving forward," says Donna. "It's absolutely learned life."

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## Nuts About Nature

### At Beaver Creek Conservation Area

Hi kids! My name's Chip, and I live at Beaver Creek Conservation Area. Visit my backyard with your family and friends and enjoy some time away from the city.

**Dear Chip,**  
We have a crow that kept leaving eggs in the bird box and lots of baby birds in our bird box. Why do they do this?  
**Beckon**

**Dear Kasean**  
It sounds like you have a great back yard for wildlife watching. Providing suitable food, water, shelter and space are the three perfect combinations for attracting birds into your yard. Crows are really interesting birds if you take the time to watch them and learn about their behaviours. What you observed is a perfect demonstration of how smart crows are. Many scientists think that crows drink their food in water. Not to watch it but to eat it. You see, at feeding time, while the female is incubating her eggs, it is the male's job to bring her food. Food is easy to bring. It is pecked into small pieces and carried in a special part of the throat called the "crop." However, bringing water back is harder. By dunking as prey in the bird bath, the crow you observed was making sure that its mate had both food and water. Crows don't waste any food and will often feed it in a safe place and come back for it later. It could be that your own considers your bird bath a safe place to store its leftovers.

Send your questions to me at the address below, for next week's response for the crows.

**Your pal, Chip**  
P.O. Box 100000  
Beaver Creek Conservation Area  
Beaver Creek, Saskatchewan  
Saskatchewan  
Canada  
E-mail: [chip@beavercreek.ca](mailto:chip@beavercreek.ca)

**Meewasin**

## EVENTS

## MUSIC

Thursday, Aug. 8

**Kelly Street and Brent Taylor**  
Cordiers Restaurant and  
Lounge  
41-227 Pinehouse Dr.

**Jahway Davis**  
Ruds on Broadway,  
817 Broadway Ave.

**Tronzer Mouth w/ Black Hill**  
Biland Astorby  
Ampas Cantina,  
632 10th St. East

Friday, Aug. 9

**Screenlyne**  
Ruds on Broadway,  
817 Broadway Ave.

**Station**  
Army & Navy Veterans Club,  
326 First Ave. North

**The Old Thyme Rhythm  
Masters**  
Garfield Senior Centre,  
603 Fairmount Court

**Jennifer Jane**  
McNelly Robinson,  
3130 Eighth St. East

**Demian Sent w/ West of Hill,  
Watched and Laseague**  
Rock Bottom,  
5348 Broadway Ave.

**Penny Raps**  
Penny's Pub & Grill,  
1403A Mykayl Dr. North

Saturday, Aug. 10

**Screenlyne**  
Ruds on Broadway,  
817 Broadway Ave.

**Presidio**  
Nortane Legion,  
3021 Louise St.

**Station**  
Army & Navy Veterans Club,  
326 First Ave. North



Cheneston's abstract exhibit, *An Art at the Mercy of Light*, at the Mendel Art Gallery until Sept. 19. **ARNDT HEINZ FOR MENDL GALLERY**

**The Herpes**  
Downtown Legion,  
608 Spadina Cres. West

**Wayne Bagen**  
McNelly Robinson,  
3130 Eighth St. East

**Factor and the Chandeliers**  
The Oldman Events Centre,  
241 Second Ave. South

**Penny Raps**  
Penny's Pub & Grill,  
1403A Mykayl Dr. North

Sunday, Aug. 11

**Presidio**  
Nortane Legion,  
3021 Louise St.

**Rhys Jam**  
Waujalla Tavern,  
601 Broadway Ave.

Monday, Aug. 12

**Gorgeous Blue Dogs**  
Buds on Broadway,  
817 Broadway Ave.

Tuesday, Aug. 13

**The Siskens**  
Buds on Broadway,  
817 Broadway Ave.

Wednesday, Aug. 14

**The Siskens**  
Buds on Broadway,  
817 Broadway Ave.

**Gom Mic**  
Rock Bottom,  
8348 Broadway Ave.

**Jahway Broadway Record  
Club**

**Yongalis Tavern**  
801 Broadway Ave.

## ART

**Mendel Art Gallery**  
Until Sept. 19 at 500 Spadina  
Cres. East: *The Automobile  
Revolution*, Montreal 1941-  
1960. Featuring works by Jean-  
Paul Riopelle and Paul-Émile  
Bordeaux. An art of the mercy  
of light, by Itzhak Ben-David.  
Shaping Saskatoon: *The  
Art Scene 1936-1964*, fea-  
turing Stanley Brunst, Arthur Mc-  
Kay and Otto Rogers. Lovers,  
by Sidney Lattimore, in the  
kitchen: *The Artist's Art*.  
In the kitchen: *Altered States*.  
Features works by Cade Francis  
and her mentor Iris Houser.  
Inspired by the Automobile Club,  
Tree Flow Garage Company  
and the Saskatoon Stern Team  
perform *The Spontaneous*

**Center at the Mendel**, Aug. 8  
at 7 p.m.

**The Hand Wave Gallery**  
Until Aug. 9 at 409 Third Ave.  
West: *Mothers' Collar*, by Paul  
Lafontaine of Belleville. An exhi-  
bition of cedar wood sculp-  
tures and woodcut prints.

**Ravage Gallery**  
Until Aug. 9 at 200-243 Third  
Ave. South: *Red Hot Roccas*, a  
group summer exhibition.

**The Gallery/Art Placement**  
Until Aug. 22 at 228 Third Ave.  
South: *After Hours*. A staff  
show with works by Melodie  
Blund, Robert Christie, David  
Dyck, Hugh Fisher, Jonathan  
Cornett, Lynne Graham, Alana  
Helmreich, Cameron McKay,  
Levi Nicolet, Karen Polowick  
and Joshua Wade. A reception

will be held Aug. 9 from 3 p.m.  
to 7 p.m.

**Centre East Gallery**  
Until Aug. 11 at The Centre  
Display by Summer Festivals  
in the Royal Gallery. Also work  
by Judy Kador, Thickwood  
Hills Studio Arlene Mack, Ste-  
venie Connick, Jewel Bulay and  
displays from the Saskatoon  
Public School Board.

**OSAP Gallery**  
Until Aug. 16 at 2523 Third Ave.  
South: *Yakine* (Yakine). The  
Exhibition 2013. Originally  
from China. He uses art as a  
method of finding peace with  
repetition and cultural differ-  
ences.

## What you need to know to plan your week.

Send events to [bridges@thestarphoenix.com](mailto:bridges@thestarphoenix.com)

PHOTO COURTESY OF THE ARIZONA HERITAGE SOCIETY

PHOTO COURTESY OF THE ARIZONA HERITAGE SOCIETY

**37th Gallery, Frances Morrison Library**  
 Until Aug. 28 at 311 23rd St. East. Birds of a Feather by Anne Marie Thompson, explores the similarities of the human condition with the natural world through animal imagery.

**Danesh's Footwear**  
 Until Aug. 30 at 2535 Second Ave. North, Westgate by Acrylic Inkblending. Features mixed media acrylic on canvas abstracts.

**Parishide Centre**  
 Until Aug. 31 at 101 to Grasper Cres. Westmans & Friends group show, featuring a variety of mixed medium in a variety of subjects.

**Gallery on Third, Wetmore**  
 Until Aug. 31 at 102 Third Ave. East, Wetmore. Spirit of the West. It features art about birds in all their variety.

**Gallery on the Bridges**  
 Through August in the Arizona at Saksotake City Hospital. Landscape watercolors by Patricia Clarke on the third floor; landscapes and still-lives by Shirley Taylor on the fourth floor; and acrylics and oils on canvas by Moe Orlano on the sixth floor.

**Station Arts Centre, Northern**  
 Through August at 701 Railway Ave. in Eastown. Evolution of the Impression by P.H. Hansen.

**Mesa Verde Valley Centre Gallery**  
 Through August at 482 Third Ave. South. The Four Seasons at Silver's Edge by Connie Schuler. A collection of impressionistic paintings of the Mesa Verde Valley capturing the changing four seasons.

**Wetmore Library**  
 Through August in Wetmore. Art with a Summer Theme.

**Western Development Museum**  
 Until Sept. 2 at 2610 Loma Ave. South, Lower Elmdale by Kim Adams. The sculpture exhibit playfully reimagines everyday materials, from machinery, pin also automobile parts, toys and model train parts, to transform into fictional worlds and imaginary landscapes. It is presented in collaboration with the Mendenhall Art gallery.

**Ukrainian Museum of Canada**  
 Until Sept. 2 at 910 Spadina Cres. East. Treasures from the Collection. It features an eclectic mix of fine and folk art, textiles, apparel, woodworking, ceramics and mixed media works from the museum's collection.

**Seminarian Place**  
 Until Sept. 30 at 315 Cornish Rd. The Saskatchewan Landscape, paintings by Jay Menkel.

**Defence Baker Garden Centre**  
 Through December at 101 Defensaker Pl. Touch the Sky: The Story of Arco Canada. This in-house produced exhibit encourages visitors to look beyond the controversy surrounding the Arco Arrow, and focuses on the history and accomplishments of Arco Canada.

### \* SPECIAL EVENTS

**Saskatoon Summer PPMOS**  
 Thursday, until Aug. 29, 7 p.m. to 9 p.m., at Third Avenue Centre, 304 Third Ave. North. It features music by local musicians, from T. D. Brien. Aug. 8: Featuring a Summer Blues Festival band. Visit [www.thisweekend.com](http://www.thisweekend.com).

**John Arnold Middle East**  
 Aug. 8-17, 10 km southeast of Saskatoon on Hwy 60. A four-day multicultural music festival with folk, jazz, reggae and other workshops, artist presentations and showcases, live music, old time dances with The Cleavers and Benmore Country, and competitions.

**Don't Worry About Tournaments**  
 Aug. 15, 16 at Meen Lake Golf & Country Club. Golfing, steak dinner, prizes and a silent auction. Registration deadline: Aug. 9. To register call 304-565-7913 ext. 0 or visit [outdoormeen.ca](http://outdoormeen.ca).

**Farmers' Market & International Race of Second annual Summer Slider Sale**  
 Runs to Aug. 10, weekdays 6 pm to 11 p.m., weekends and holidays 12 pm to 11 p.m., at Emmanuel Anglican Church, 697 Oulton Ave. Featuring craft and food vendors.

**Fourth NEBT Secret Garden Tour**  
 Aug. 15, 1 p.m. to 5 p.m., throughout Saskatoon. A self-guided tour of eight gardens and a local community vegetable garden. Photos are available from Billsons Farm, Dutch Gardens and Michelle's Flowers. Passport holders may enter a draw to win a framed photograph by Ken Tindler. There will be refreshments at two of the gardens. Funds raised will support NEBT, a registered charity that he has settled in refugee families in the city.

**Saskatoon EX**  
 Starts to Aug. 11 at Planetarium Park, Midway rides and games, live music and entertainment, food vendors and shopping. With Fuller Drive, The Offspring, Great Set Set, chowchow nuns, birds of prey, aerial thrill show, Little

Big's Beetle Zoo, the market square and nightly fireworks display.

**Garden Festival Tour**  
 Aug. 12, 1 p.m., throughout Saskatoon. Presents by the Saskatoon Horticultural Society. A self-guided tour of some of the city's most gardens. Gardens on this tour are not the same properties as the July 13 tour. Buy a passport at Early's Farm and Garden, Dutch Gardens or Flowers City Park.

**Walk on Wednesdays**  
 Wednesdays through Aug. 14 at 12 p.m., starting at Meewasin Valley Centre. History information on walks include: History along the river, Nations and Broadway walk.

**Food Preservation Workshop**  
 Aug. 14, 6 p.m. to 9 p.m., at the Station 20 West kitchen. A demonstration workshop. Learn how to bleach and freeze a variety of products. To register call 306-645-4575 ext. 328.

**U of S Campus Tour**  
 Sundays and Wednesdays in August, 1 p.m., departing from the University of Saskatchewan Campus, 101 Defensaker Pl. Free Walking Tours of University of Saskatchewan Campus. Aug. 14 and 18. Aug. 14: Aug. 21 and 28. Alumni. For information or to reserve a spot, call 306-956-8434 or email [campus@usask.ca](mailto:campus@usask.ca).

**Live at Lunch on Broadway**  
 Saturdays through August. 11:30 a.m. to 1:30 p.m., at Victoria School & 1310 13th St. Showcasing local musicians and bands.

### \* THEATRE

**Shakespeare on the Main**  
 Runs to Aug. 23 at the

Shakespeare play along the river. The Comedy of Errors is a family-friendly comedy of mistaken identities. Meet-the-actor is a bold and lively new stage tragedy.

### \* SPORTS

**Street Legal Racing**  
 Aug. 9, 9:00 a.m., at Saskatoon International Raceway. 13 km south of Saskatoon off Hwy 11. Street racing is a safe and legal environment.

**Points race #6**  
 Aug. 10, 10 a.m., at Saskatoon International Raceway, 13 km south of Saskatoon off Hwy 11.

**Stack Races**  
 Aug. 10, 6 p.m., at Auto Clearing Motor Speedway. Event 13. Legends Mark Cup Chase. Drivers competing include legends, no trucks and no late models.

**Points Race #7**  
 Aug. 11, 10 a.m., at Saskatoon International Raceway, 13 km south of Saskatoon off Hwy 11.

**PotashCorp Soccer Kids in the Park**  
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## #SASKATCHEWAN'S BEST SPACES

### AWard-winning yard is unique yet functional

By Angelina Trnaci

**WHO** Ange Siebu, past president of the Saskatoon Horticulture Society and her husband Ron.

**WHERE** Their backyard in Saskatoon's River Heights area.

**WHAT** Their award-winning yard has been featured in magazines and on garden tours. It's designed in a circular pattern and contains many of perennials (a few annuals for colour), trees, shrubs and pathways leading to different areas of the yard. "The paths just add interest to the backyard so as you turn a corner you see something different. It's not boring. The yard feels different from how than it does from there," says Siebu. Next, garden statues, bubbling fountains and artwork are placed throughout the yard. Ange creates much of it herself, including stained glass screens, windows and artwork that is hung on the fence and displayed around the garden. Although she doesn't sell her work, she teaches workshops at the University of Saskatchewan during horticulture week. A cutting-edge music studio is where the vegetable garden used to grow. Now vegetables like tomatoes, cucumbers, artichoke and beans are planted throughout the yard.

**HOW** When they first purchased the home 29 years ago, it was brand new and not landscaped. The couple first had a yard filled only with grass; they then added some trees and a vegetable garden. About 15 years ago they totally revamped the yard to what it is now. It took about five years to complete the project with all of the landscaping, planting and designing. It turned into a functional yard with the path, different sitting areas (they use rockers), and sculptures and a Camrose Jewel cherry tree. Other than the original circular design of the yard nothing else has been too formally planned. "I just sort of walk around with a plant in my hand and look for a spot to put it," she says.





## SPACES



"I just happen to pop things where I think they're going to look good and so far... it works!"

**WIFE:** Angie says that gardening isn't a hobby but a passion. It has been instilled in her since she was a child and while working (she is now retired) she found a lot of fun stress through gardening. "After supper I'd come out here and do and do and dig and it really made me feel good. It took away whatever was happening during the day and it just sort of continued." Now that Angie is retired she has more time for gardening. Getting the yard ready for the beginning of the season is a lot of work, but after May, the couple enjoys it. They spend plenty of time in the yard and use it as a retreat. "We enjoy it," Angie says. "We don't go to the lake, we don't fight traffic, this is our retreat." They enjoy the relaxing and sharing their yard. It was part of the Seaside Perennial Society's garden tour and is on this year's Horticulture Society's Passport Tour.

GARDEN PHOTOS BY MICHELLE NIEG



# CITY FACES

# TODD PENN

## The punch buggy saviour

By Angelina Trnaci

Todd Penn's second car was a Volkswagen (VW). In a time he was making road trips to California for VW events. He was a teenager and that was during the car's "glory days."

"I was alone here in Saskatoon, but was on the cusp of something that was cool around the world," he says.

Little did he know that years later people around the world — as far as Thailand and Australia — would drive vintage VWs that Penn has restored in his shop Air Cooled Classics in Saskatoon.

"I never thought people would reach as far as they have far me," says the 30-year-old. "If you have a good reputation, it's gold."

Penn has enjoyed restoring vintage VWs for 12 years now and doesn't see himself stopping anytime soon — it's just too much fun. Because his work is strictly aimed for only vintage VWs that were built between 1948 and 1979, his job can be unpredictable.

"You don't know when the pay cheque is coming, that's probably the hard part, but you are your own boss and you are investing in yourself," he explains. "As the pay cheque can be whatever you want them to be."

His cars get hefty — Penn's restored cars sell between \$15,000 and upwards of \$50,000 depending on the type. A beetle is at the lower end of the spectrum while a 16 window vintage bus can bring in around \$90,000, but for good reason.

Some full restoration can take more than 1,000 hours of work and it's all done right in Penn's shop. It attracts him to growing up in his kitchen.

"In California you go to a VW up bakery specialist, the VW truck museum specialist then the VW on glass specialist but when you come in here (as do I all), he says



Rod Penn has been restoring vintage Volkswagen in Saskatoon since 2001. He's one of the only people to do so in Western Canada. PHOTO BY ROBERT MALLIN

our area houses. We grew up being handy and taking on challenges."

Penn's favourite challenge he's taken on is a 16 window vintage VW bus that he restored for himself.

"It was fun to take on something that big and be meticulous about

it."

The bus is part of his collection of vintage VWs he's restored himself. He plates around five or six cars in the summer time, including a 1967 Beetle, the second and best car he ever had, he says.

"It's a heater right now but it doesn't matter. It takes me to my childhood. It's the same car I bought and sold for \$10K. I never should have sold it," he says.

The industry has changed a lot since those days. Now Penn is one

of the only people left in Western Canada who fully restores vintage VWs.

When he first started out he was a "greaser" and those who worked alongside him were just as passionate.

## CITY FACES



"Today you're not going to get the (same) skill and talent. Back then, the people I had around were someone I was surrounded by: steel welders, body men, and mechanics and they all were really into it," he says.

Although there are young Todd Pense out there, they are difficult to find.

"They all got lured into the real world that has changed rapidly as technology people. I don't think they'd make the money they do now today. They are taking care of their own interests and you can't blame them."

Pense has a couple of part-timers who work at the shop. He used to run a larger shop, then he fully

restored over 15 vehicles a year, but has down sized so he can pick and choose which projects to take on. He now does about five full restorations a year. He mentions that his clientele has also changed over the years.

At first it was a do-it-yourself industry and those with VWs were prepared to work on their cars as well, then it changed to what Pense calls a

"boogie cutting" generation, where parents would spend big money on their children's cars. Now the do-it-yourself generation is re-emerging their youth. Pense says the majority of his clients are over 50. There's also young people that want vintage cars and are busy working, but they have the money.

"They have the dream, but they

don't have the time, so there's still a place for me."

Pense says that it's easy for people to get the parts, but difficult to find the vintage car, but the biggest problem is finding the person who can do the work.

"I don't see any reason why I can't do it until the end of the line," he says.

## #CROSSWORD

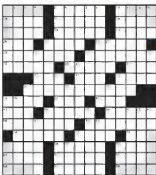
## NEW YORK TIMES Edited by Will Shortz

## ACROSS

- 1 Succulent lobster piece  
5 Talk-in-development stage  
10 Take \_\_\_\_ slow of  
14 City known as the "Heart of Italy"  
15 "See you, \_\_\_\_"  
16 Get to nondescript  
17 Joe Brown and others  
18 Airport feature  
19 Stone-capped, steeply pitched  
20 "Mamma Mia!" number  
21 Variable factor  
22 New Deal-era policy  
24 Prosemen are from  
26 Shrimp feature  
28 "We've got the \_\_\_\_ Walk the Line"  
30 Second display  
31 Boat turn  
32 Cattle  
34 19th-century sector  
35 Word before a sale price  
36 Musical instrument, or a hint to the words in the shaded squares  
39 Retailer  
41 "Bill \_\_\_\_/Pace and connection  
42 "Mad Men" series' author (last name)  
43 Impassioned history (first name)  
44 "The \_\_\_\_ Day"  
45 Signature of P.G.  
46 Early peasant  
47 "Let's \_\_\_\_" (old Latin phrase)  
54 More colorful  
55 Facetious "I see"

## DOWN

- 1 Refer to the point  
2 Refer to the volume 1  
3 Champion Mutual  
4 Character who said "Waiting for someone to tell me 'no'"  
5 "Please, please, please" (singer)  
6 Most of a student's portfolio  
7 Riding with Gatsby or James  
8 Hydrocarbon suffix



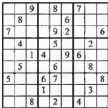
- 48 Daughter of Hope the heroine  
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## # JANRIC CLASSIC SUDOKU

**Janric Gold**  
Fill in the blank cells using numbers 1 to 9. Each number can occur only once in each row, column and 3x3 block. Use logic and analysis of elimination to solve the puzzle.

The difficulty level ranges from bronze (easiest) to Silver to Gold (hardest).



Sudoku is the crossword puzzle, and the Sudoku can be found on Page 31.

## #ASK ELLIE

## Hope for relationship requires dropping defenses

**Q** My ex-boyfriend of six years, early 30s, suffers from cerebral dysfunction, pre-diabetes and early stage prostate cancer. He's overweight and anti.

Once these health problems emerged one year ago, he was treated by withdrawing and pushing me away. We spend less time together, there's very little intimacy or affection. He no longer wants to sleep in the same bed.

He became mean and critical toward me. Before, he was affectionate, sexual and attractive. We had a loving, close relationship and spent a lot of time together, but didn't live together.

With a matcha person who doesn't show vulnerability, he's very emotionally controlled. Yet he's somewhat insecure and manipulative and doesn't have clear emotional relationships with friends or family.

We've formerly made up of my time and at times, and needed constant reassurance of my commitment.

My response to his withdrawal was to feel rejected. I often become angry and nagging, but he since takes responsibility for my poor responses.

He's unwilling to talk about his issues, or to see a doctor and told me to just leave him alone.

We stopped speaking three months ago when he contacted his brother's place with me to spend it with his ex-wife and their children. I'm extremely angry, this isn't his ex-wife's problem. He doesn't like his ex-wife, they've been apart 10 years.

I've intended a plan to meet him to discuss the dissolution of our relationship.

In this a typical scenario around serious health issues and the man's inability to perform reflectively responsibly.

I'm having a hard time about his shutting me out.

I truly love him and was prepared to stick by him, as someone in his health.

**Heardbroken**  
As it's not typical, but it's understandable, once he first you let him down.

He's seen the shadow of death, and he's scared.

You know his personality, yet instead of accepting his actual withdrawal by considering his first, and avoid, self-remission, you made it all about you being rejected.

It couldn't be dismissed simply as "my poor responses." And hurt/major over his retreat into "himself" was a mistake: he needed comfort whenever he could get it.

But there may be hope for re-connecting

when you meet if you drop all your own defenses and worries, show your great concern for him, and ask to try again.

If you can't handle this approach and mean it, forget it.

**I**'ve been in a one-year relationship with a former co-worker known to be a "bad boy."

We're both in our 40s - he's had several broken relationships plus a divorce. I'm going through a separation.

He professes love, and he's never held his way for anyone else.

Recently, something didn't feel right. I suspected and discovered his profile on a dating site. I saw numerous text messages to numbers I didn't know along with pictures to and from people he'd "met" on the site.

Has my wife been prepared to be committed? How do you trust after being deceived?

**Will True Shift**  
More snooping, doubting him, and every day work help.

What can help is taking a break while you complete your separation. You're two vulnerable during this process, likely to feel needy and accept things you'd later regret.

If he still feels ready to commit in several months - after you've been apart and not leaning on him - then the next helpful step is couples counseling.

He needs to explore, and you understand why he's been afraid commitment previously and why you both feel you can sustain this relationship.

**I**'ve had a very good, long friendship with a gay friend. Recently we started to flirt a little, and then it turns out we both like each other more than as friends.

But he said he's not looking for a serious relationship right now (just to feel wanted and have fun).

How do I tell him that I don't want to feel around in the way that he wants to leave our friendship becoming awkward?

**Friends or More?**  
As he doesn't want more, he wants "benefits."

Call it what it is, and say that's not for you. Move away as right on that people who become friends with someone have a difficult time going back to just friends, especially when it ends because one or the other has found a casual dating partner.

So stop flirting and say "Thanks, but no thanks." And try to carry on as before. It may or may not work.



Ask Ellie

# SHARP EATS

See a food trend you think deserves a highlight in Bridges?  
Email [bridges@thestarphoenix.com](mailto:bridges@thestarphoenix.com)  
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## New Italian spot offers impeccable taste, service



The Portofino Chicken pizza at Bottega Vittoria is baked in a stone, fired oven and topped with sun-dried tomatoes, mushrooms and goat cheese. **SHARON HART/STARPHOENIX**

By Jenn Sharp

Service can make or break a meal.

I've said this before and I'll say it again — great service can make mediocre food shine while bad service will

make me more eager to return again, no matter how good the food is.

I recently had two such experiences at Italian restaurants in Saskatoon and Regina.

The first, Bottega Vittoria, a top spot in downtown Sas-

katoon (that opened a mere six weeks after the past patron Olympia) chartered its downtown location in an incredible, gone are the warm booths and Greek statues, replaced with sleek black leather and ambient lighting

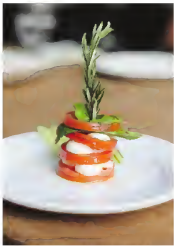
Chef and owner Antonio Vitale was born in Calabria in Southern Italy before moving to Canada at 13. After interning in Italy to train as a master chef in Florence, he ran a successful restaurant in Montreal for seven years. His

wife is from Saskatchewan, known his decision to relocate to the Prairies.

It was a fortunate decision for us because the food at Bottega is excellent. All the pasta is made fresh, and the ingredients, from fresh basil to sea-

Muscone (sea urchin) sauce are top notch. During Bottega's first launch service, I tried the eight-layer lasagna, a recipe handed down to Vitale from his great grandfather. Wow — he could run the restaurant by selling that lasagna alone.

## SHARP EATS



The Caprese salad at Bottega Toscana. MICHELLE FROST/PHOTO BY MICHELLE FROST

On a second visit, I branched out a little more, sampling the Molise-style Parmesan appetizer: three slices of pan-fried eggplant, topped with a melted good mixture of spinach, parmesan, mozzarella, and a tomato basil sauce.

While the presentation of the Caprese salad was impressive, the flavor was not so much. Quality tomatoes are the star of this dish and those ones were not quite up to snuff.

Bottega's pasta menu is a mix of Italian classics (like Margherita) all baked in a stone-fired oven. As Bottega is billed as casual fine dining, if you're in the mood to celebrate there's one place here to try. At \$300, the Biscotti Pie doesn't come cheap but

it's almost worth the price to see the presentation — it comes topped with a whole Atlantic lobster. Biscotti Bolognese whole cow and Alaska king crab.

I settled for the Portobello Chicken, pan broasted. Topped with sun-dried tomatoes and that delicious San Marzano tomato sauce, the perfect amount of goat and mozzarella cheese made it indulgent but not too sinful.

Bottega's gnocchi is destined to become a favorite. The house-made fresh potato and cheese dumplings were perfectly cooked, although the three cheese garlic sauce could have used a little more garlic.

As good as the food was I was equally impressed by the service.



Aloisiano Tenderloin at Bottega Toscana — pan broasted pork tenderloin with tomato and basil sauce, roasted vegetables.



Bottega Toscana's Perfection housemade pasta and cheese dumpling pasta tossed in a three-cheese garlic cream sauce.

Aloisiano and courteous, but never overbearing. Both the server and the host made me feel welcome and wanted. There's nothing worse than entering a restaurant and being ignored or made to feel like serving you is a chore (unless it really is a chore to serve you, then you've got your own problems to sort out).

Next up was a visit to Regis's longstanding Laughi's Pasta House. The Mediterranean salad was full of vegetables (meatless) and the accompanying house-made bread was hot, fresh and delicious.

The Porto Sandwich Tomato Pasta was a letdown, however. The menu started fresh bread but all I could find was a pile of cheese (since when do goats secrete rope-like stuff?) I ap-

preciate olive oil but this dish was sitting at my foot making it even like mixing soap than pasta.

I could have forgiven all this and would have returned for a second try but the service was seriously lacking. From not being able to tell me what the house was win to leaving dirty plates on my table, it was all unpleasant. The server also never checked on me after delivering the pasta (what's known in the industry as a quality check).

The quality check is vital within the first few tables because if a patron has a problem, he or she will generally know what's wrong by then. The server can then fix things before it's too late and a potential repeat customer is forever lost.

The differences between these two restaurants is like night and day. Yes, Laughi's has been around for much longer and as such, the interior is not as modern or new. I don't really care about that as much — if the food and service are worth it, I'll be back.

Laughi's is located at 408 Albert Street North. Bottega Toscana is at 130 Bell Ave. N in Saskatoon. Pasta at Laughi's ranges from \$15 to \$35. At Bottega, you'll spend between \$14 and \$29. Look for Bottega's Italian market opening later this month.

Have you dined at Laughi's or Bottega? I'd love to hear about the experience. Contact via email: jsharpp@starphoenix.com or on Twitter @JSharpp33.

# WINE WORLD

#PINOTAGE

## Beyerskloof smells of summer

By James Romanow

I think of pinotage as a summer wine. This wild-strike people as strange as the claret/pinot noir hybrid has a distinctive earthy palate, hard to describe but unmistakable after you've had it. It's a palate which works nicely with steaks and other winter fare.

I suspect it is that smell of earth and coon that makes me drink the stuff in the summer. After all, what do you smell when you drive by a fresh burned garden or a heap of compost? For an important drinker you find such smells in homey foods like roasting or flower orris, using a basket, or even just sitting on the balcony smelling the warm sun air.

Pinotage is a lighter grape expresses wine-maker experimentation easily. These days the experiment of choice is to record the macho/other flavors. While like this one has fun and interesting to drink, but they get old and old. Drinking these carefully is rather like at tempting to wear runway clothes in the office.

The "natural expression" of this grape is a bright energetic wine that will pair well with everything from grocery store herbaceous chicken, pasta or to a mild barbecue fire. Beyerskloof makes that kind of restrained wine. It has a



lowly tart palate rather like raspberry. The more enough fruit there is keep everyone happy as neither what the dish, but there is that tang to the wine which keeps you drinking, like a good dolomite.

That bright raspberry character makes for a great food wine. If you're after a darker, smoother style you need to look them out. Pinotage makes them, and I'd suggest starting with the Rico Sellar pinotage.

For my money Beyerskloof is the best bet.

Beyerskloof Pinotage, South Africa, 2011 \$27.99

More wine reviews in Monday's StarPhoenix or @jdrubois on Twitter

## Crossword/Sudoku answers



2	6	9	3	8	4	7	5	1
4	8	5	7	1	6	3	9	2
7	1	3	5	9	2	8	4	6
9	4	6	8	5	7	1	2	3
8	2	1	4	3	9	6	7	5
3	5	7	2	6	1	9	8	4
5	9	4	6	7	3	2	1	8
6	7	2	1	4	8	5	3	9
1	3	8	9	2	5	4	6	7

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—Dr. Seuss / Can Read With My Eyes Shut!

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